







# ABK Extended School Holiday Sessions

We offer a choice of 3 hour sessions OR children can come for the whole day. For children attending both sessions, we will arrange for activities during the break

	Thursday, 27/01/2022	Friday, 28/01/2022	Tuesday, 01/02/2022	Thursday, 03/02/2022
<b>Morning 9:00am – 12:00pm</b>      	<b>Sensory Messy Play and Stem</b> <p>Today the children will be having fun making their own</p> <ul style="list-style-type: none"> <li>• Slime</li> <li>• Oobleck</li> <li>• Snow</li> </ul> <p>We will then have lots of fun exploring the different textures and smells of our materials. This is messy play at its best!</p>	<b>ABK Active</b> <p>Play a range of our favourite ABK games.</p> <p>Think: Parachutes Spin Plates Crazy Hoops And more</p> <p>Then we will design our own socks, or sweat bands to take home.</p>	<b>Nature Play</b> <p>Today in our nature theme we will be completing a mindful scavenger hunt.</p> <p>Making our own bird house to take home.</p>	<b>Teamwork games</b> <p>Today we will be enjoying a range of fun and active games including:</p> <p>Scavenger Hunt Egg and Spoon Race Relay Races Blindfolded games</p> <p>Afterwards we will cool down and design our own insulated travel cup.</p>
	<b>Afternoon 1:00pm – 4:00pm</b>	<b>Yoga day</b> <p>Yoga games Circus Yoga</p> <p>Create your own affirmation cards.</p> <p>Create your own wind chimes or squishy to take home.</p>	<b>Exploring Mindfulness and Breathing</b> <p>Today will be enjoying some down time and learning to relax through different means. We will also get creative and make our own:</p> <p>Windmills</p> <p>Mirrors</p>	<b>Creative day</b> <p>We are getting creative and making and designing a range of cool active and sensory toys to take home.</p> <p>Hula Hoops</p> <p>Squishes</p> <p>Slap bands</p>

Cost is \$60 per session, or \$120.00 for the whole day.

Use the QR to sign up:



Our qualified instructors are fully vaccinated, and have blue cards

We follow a strict COVID safe plan.

Please bring morning tea, lunch and afternoon tea depending on attendance. We operate under a no nut policy